

**Special Dyland Training October 9th**  
**Get a Jump on Next Years Race Season**



**Join Fellow Athletes and Experience**

**Roller Blade's Skate to Ski Program  
&  
Urban Slopes Alpine Ski Simulators made by SkyTechSport**

**Details:**

**Date: October 9<sup>th</sup>**

**Time: 12pm-4:30pm**

**Cost: \$30 per person**

**Itinerary**

Skate to Ski With Tracey from **Rollerblade® Location Ausblick Ski Lodge**

Urban Slopes for ski simulators Location: <https://urban-slopes.com/location/>

**Rollerblade®** created the Skate to Ski program as an innovative approach to help skiers train and stay in shape. Inline skating is the best way in the off-season to recreate skiing motions.

Rollerblade Skate to Ski Program: <https://www.rollerblade.com/usa/en/skate-to-ski>

**Urban Slopes** offers snow sports simulators let you experience the powder all year long in an action-packed adventure that comes as close to reality as you can get. Avoid the lifts and lines at Urban Slopes but capture the thrills.

Urban Slopes: <https://urban-slopes.com/>

## **Description**

**There will be two groups.** Thursday Oct 7<sup>th</sup> we will send an email with your starting location. At transition, you will have relocated to the other host.

12-2pm First session

2-2:30 transition

2:30-4:30pm Second session

[Sign Up Here](#)

## **DETAILS:**

- Inline skates and protective pads are provided by Rollerblade. (limited supply so bring your own if possible, we may have to share)
- Please bring your own skates if you have them.
- You will need to provide your own helmet (mandatory- could be bike helmet or ski helmet) and we encourage wearing protective pads.
- You may bring your own ski boots to use at Urban Slopes or use their gear.
- If registering on-site an adult will need to sign waivers for any youth participating. You will need to sign waivers
  - ✓ Urban Slopes [Urban Slopes \(zenplanner.com\)](http://zenplanner.com)
  - ✓ Ausblick [ezWaiver](#)